



70. PZLA Halowe Mistrzostwa Polski

TORUŃ, 28 lutego - 1 marca 2026



Wyniki konkurencji-międzcasy

4x400 m Mix

| Miejsce | Tor | Numer | Imię i nazwisko | Data ur. | Klub (woj) | Reakcja | Wynik |
|---------|-----|-------|-----------------|----------|------------|---------|-------|
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Bieg 1/1

Start: 26-03-01 16:48:00

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|---|---|-----|--------------------------|-----------------|----------------------------|-----------------|-----------------|-----------------|-----------------|-----------------|
| 1 | 6 | 273 | | | KS Podlasie Białystok(PD) | 0.233 | 3:24.76 | | | |
| | | | 276 Oliwier DONDZIŁO | 08-08-30 | | | | | | |
| | | | 278 Marlena GRANASZEWSKA | 98-06-08 | | | | | | |
| | | | 284 Paweł MIEZIANKO | 03-07-12 | | | | | | |
| | | | 273 Natalia BUKOWIECKA | 98-01-17 | | | | | | |
| | | | 11.99 (11.99) | 23.49 (11.51) | 35.89 (12.40) | 49.31 (13.43) | 1:01.61 (12.31) | 1:14.82 (13.21) | 1:28.85 (14.04) | 1:43.83 (14.99) |
| | | | 1:54.89 (11.06) | 2:06.23 (11.35) | 2:18.35 (12.13) | 2:31.60 (13.25) | 2:43.88 (12.29) | 2:57.37 (13.50) | 3:10.83 (13.46) | 3:24.76 (13.93) |
| 2 | 5 | 17 | | | KS AZS AWF Wrocław(DS) | 0.137 | 3:25.64 | | | |
| | | | 18 Dominik PAŚ | 03-11-28 | | | | | | |
| | | | 9 Natalia KORCZUK | 98-10-15 | | | | | | |
| | | | 5 Rafał DZIEWIĘCKI | 06-03-04 | | | | | | |
| | | | 17 Anna PALYS-PISARCZUK | 95-03-02 | | | | | | |
| | | | 11.66 (11.66) | 22.54 (10.88) | 34.84 (12.31) | 48.52 (13.68) | 1:00.89 (12.38) | 1:13.82 (12.94) | 1:27.35 (13.53) | 1:42.36 (15.01) |
| | | | 1:53.64 (11.28) | 2:05.50 (11.87) | 2:17.76 (12.26) | 2:30.90 (13.14) | 2:43.61 (12.72) | 2:57.25 (13.64) | 3:11.16 (13.92) | 3:25.64 (14.48) |
| 3 | 3 | 232 | | | KS AZS AKF Kraków(MA) | 0.131 | 3:26.25 | | | |
| | | | 230 Piotr KIDON | 00-02-22 | | | | | | |
| | | | 227 Karolina GAJEWSKA | 01-02-14 | | | | | | |
| | | | 228 Jan GOŁĘBIOWSKI | 05-11-04 | | | | | | |
| | | | 232 Margarita KOCZANOWA | 99-02-01 | | | | | | |
| | | | 12.00 (12.00) | 22.90 (10.91) | 35.08 (12.18) | 48.95 (13.87) | 1:01.80 (12.86) | 1:15.43 (13.64) | 1:29.45 (14.03) | 1:44.74 (15.29) |
| | | | 1:56.35 (11.61) | 2:08.02 (11.68) | 2:20.01 (11.99) | 2:33.38 (13.38) | 2:46.03 (12.65) | 2:58.99 (12.97) | 3:12.33 (13.34) | 3:26.25 (13.92) |
| 4 | 4 | 321 | | | SKLA Sopot(PM) | 0.183 | 3:27.87 | | | |
| | | | 327 Michał ŁOWICKI | 04-10-03 | | | | | | |
| | | | 317 Dąbrowka BOROWSKA | 10-07-22 | | | | | | |
| | | | 320 Antoni CHOJNOWSKI | 05-04-13 | | | | | | |
| | | | 321 Aleksandra FORMELLA | 01-10-27 | | | | | | |
| | | | 11.81 (11.81) | 23.00 (11.19) | 35.43 (12.43) | 49.08 (13.66) | 1:02.29 (13.21) | 1:16.13 (13.85) | 1:30.28 (14.15) | 1:44.36 (14.08) |
| | | | 1:56.63 (11.28) | 2:07.36 (11.73) | 2:19.92 (12.56) | 2:33.18 (13.27) | 2:46.35 (13.17) | 2:59.39 (13.04) | 3:13.25 (13.87) | 3:27.87 (14.63) |
| 5 | 2 | 3 | | | KS AZS AWF Wrocław II(DS.) | 0.129 | 3:33.41 | | | |
| | | | 22 Mikołaj SZULC | 04-01-20 | | | | | | |
| | | | 23 Natalia WIDAWSKA | 99-12-15 | | | | | | |
| | | | 4 Daniel DOMINIAK | 01-04-10 | | | | | | |
| | | | 3 Amelia CIECIERSKA | 08-12-26 | | | | | | |
| | | | 12.27 (12.27) | 23.75 (11.48) | 36.10 (12.36) | 49.38 (13.28) | 1:02.59 (13.22) | 1:16.40 (13.81) | 1:30.69 (14.30) | 1:46.30 (15.61) |
| | | | 1:58.01 (11.72) | 2:09.57 (11.56) | 2:21.73 (12.16) | 2:35.04 (13.32) | 2:48.47 (13.43) | 3:02.30 (13.83) | 3:17.02 (14.72) | 3:33.41 (16.40) |

Strona 1 z 1

Druk: 26-03-01 16:57:09

DNS-nie wyst., DNF-nie ukoń., DQ-dysk., NM-bez wyn., PB-r.życ., SB-r.sez., Q,q-awans, YC-żółta kartka

RZESZÓW 2026

Przygotowanie: DomTel Sport Timing Słupsk, tel. 602 314171 www.domtel-sport.pl



Ministerstwo Sportu i Turystyki



MIASTO TORUŃ



Okęcie



InterRisk

