



# 70. PZLA Halowe Mistrzostwa Polski

TORUŃ, 28 lutego - 1 marca 2026



## Wyniki konkurencji-międzychasy

### 3000 m K

Miejsce	Tor	Numer	Imię i nazwisko	Data ur.	Klub (woj)	Reakcja	Wynik			
			<b>200m</b>	<b>400m</b>	<b>600m</b>	<b>800m</b>	<b>1000m</b>	<b>1200m</b>	<b>1400m</b>	<b>1600m</b>
			<b>1800m</b>	<b>2000m</b>	<b>2200m</b>	<b>2400m</b>	<b>2600m</b>	<b>2800m</b>	<b>3000m</b>	

#### Bieg 1/2

Start: 26-03-01 15:55:32

<b>1</b>	<b>2</b>	<b>137</b>	<b>Agnieszka CHORZĘPA</b>	01-01-14	KS AZS AWF Warszawa(MZ)		<b>9:12.78</b>	PB
37.16 (37.16)	1:15.01 (37.86)	1:53.24 (38.23)	2:30.56 (37.32)	3:07.73 (37.18)	3:45.30 (37.57)	4:21.86 (36.57)	4:58.78 (36.92)	
5:36.15 (37.38)	6:13.32 (37.13)	6:50.22 (36.91)	7:26.66 (36.44)	8:03.19 (36.53)	8:38.94 (35.77)	9:12.78 (33.85)		
<b>2</b>	<b>5</b>	<b>165</b>	<b>Oliwia PIĄTKOWSKA</b>	06-06-07	KS AZS AWF Warszawa(MZ)		<b>9:13.08</b>	PB U23(1)
38.17 (38.17)	1:15.90 (37.73)	1:53.95 (38.05)	2:31.37 (37.43)	3:08.64 (37.27)	3:45.65 (37.01)	4:22.75 (37.11)	4:59.79 (37.05)	
5:36.87 (37.08)	6:13.50 (36.68)	6:50.42 (36.97)	7:27.05 (36.59)	8:03.40 (26.52)	8:38.89 (35.61)	9:13.08 (33.91)		
<b>3</b>	<b>7</b>	<b>220</b>	<b>Weronika PRZEŹDZIECKA</b>	08-04-22	UKS 48 Warszawa(MZ)		<b>9:16.14</b>	PB
37.92 (37.92)	1:15.70 (37.79)	1:53.28 (37.59)	2:30.85 (37.57)	3:07.96 (37.11)	3:45.52 (37.57)	4:22.18 (36.66)	4:59.03 (36.86)	
5:36.43 (37.40)	6:13.58 (37.15)	6:50.90 (37.30)	7:28.01 (37.14)	8:05.41 (37.60)	8:42.21 (36.77)	9:16.14 (33.78)		
<b>4</b>	<b>10</b>	<b>306</b>	<b>Julia KORALEWSKA</b>	02-02-17	KS AZS AWFIS Gdańsk(PM)		<b>9:16.68</b>	
37.54 (37.54)	1:15.38 (37.84)	1:53.80 (38.43)	2:30.72 (36.92)	3:07.85 (37.13)	3:45.43 (37.59)	4:21.65 (36.22)	4:58.59 (36.94)	
5:35.96 (37.38)	6:13.10 (37.15)	6:50.30 (37.26)	7:26.84 (36.48)	8:03.63 (37.06)	8:40.59 (36.92)	9:16.68 (35.87)		
<b>5</b>	<b>9</b>	<b>293</b>	<b>Martyna KRAWCZYŃSKA</b>	04-11-21	KS Prefbet-Sonarol Łomża(PD)		<b>9:28.51</b>	PB U23(2)
37.40 (37.40)	1:15.19 (37.79)	1:53.40 (38.22)	2:31.10 (37.70)	3:08.15 (37.06)	3:45.76 (37.61)	4:23.06 (37.30)	5:00.75 (37.70)	
5:39.07 (38.32)	6:18.61 (39.51)	6:58.54 (39.97)	7:38.60 (40.03)	8:17.52 (39.13)	8:54.49 (36.97)	9:28.51 (33.83)		
<b>6</b>	<b>8</b>	<b>409</b>	<b>Paulina STEMPNIAK</b>	04-06-12	OŚ AZS Poznań(WP)		<b>9:36.84</b>	U23(3)
37.71 (37.71)	1:15.55 (37.85)	1:53.61 (38.06)	2:31.19 (37.59)	3:08.32 (37.13)	3:45.94 (37.62)	4:23.28 (37.34)	5:01.03 (37.76)	
5:39.57 (38.54)	6:18.98 (39.41)	6:58.84 (39.87)	7:38.84 (40.00)	8:18.81 (39.97)	8:58.39 (39.59)	9:36.84 (38.45)		
<b>7</b>	<b>6</b>	<b>202</b>	<b>Klara STRZĄBAŁA</b>	07-05-10	Passion First Warszawa(MZ)		<b>9:37.58</b>	PB
38.15 (38.15)	1:16.22 (38.07)	1:54.55 (38.33)	2:31.89 (37.35)	3:08.96 (37.07)	3:46.41 (37.46)	4:24.06 (37.65)	5:02.49 (38.43)	
5:41.44 (38.96)	6:21.10 (39.68)	7:00.24 (39.22)	7:39.94 (39.64)	8:20.36 (40.42)	9:00.57 (40.21)	9:37.58 (37.02)		
<b>8</b>	<b>4</b>	<b>294</b>	<b>Kornelia RUSIŁOWICZ</b>	08-07-26	KS Prefbet-Sonarol Łomża(PD)		<b>9:37.68</b>	SB
38.44 (38.44)	1:16.45 (38.02)	1:54.76 (38.31)	2:32.16 (37.40)	3:09.21 (37.06)	3:46.69 (37.49)	4:24.26 (37.57)	5:02.67 (38.42)	
5:41.61 (38.94)	6:21.36 (39.70)	7:00.58 (39.22)	7:40.23 (39.66)	8:20.59 (40.36)	9:00.81 (40.23)	9:37.68 (36.87)		
<b>9</b>	<b>3</b>	<b>178</b>	<b>VEL KUCIABIŃSKA Izabela KUCZA</b>	05-07-31	KS Czempion Warszawa(MZ)		<b>9:41.47</b>	PB U23(4)
38.38 (38.38)	1:16.76 (38.38)	1:55.14 (38.39)	2:32.53 (37.39)	3:09.58 (37.06)	3:47.35 (37.78)	4:25.87 (38.52)	5:05.32 (39.45)	
5:45.52 (40.20)	6:28.21 (42.69)	7:06.94 (38.73)	7:46.99 (40.06)	8:27.87 (40.89)	9:07.30 (39.43)	9:41.47 (34.18)		
<b>1</b>	<b>146</b>	<b>Julia JAGUŚCIK</b>		03-12-16	KS AZS AWF Warszawa(MZ)		<b>DNS</b>	

Strona 1 z 3

Druk: 26-03-01 17:49:52

DNS-nie wyst., DNF-nie ukoń., DQ-dysk., NM-bez wyn., PB-r.życ., SB-r.sez., Q,q-awans, YC-żółta kartka

RZESZÓW 2026

Przygotowanie: DomTel Sport Timing Słupsk, tel. 602 314171 www.domtel-sport.pl



# 3000 m K

Miejsce	Tor	Numer	Imię i nazwisko	Data ur.	Klub (woj)	Reakcja	Wynik
			<b>200m</b>				<b>400m</b>
			<b>400m</b>				<b>2000m</b>
			<b>600m</b>				<b>2200m</b>
			<b>800m</b>				<b>2400m</b>
			<b>1000m</b>				<b>2600m</b>
			<b>1200m</b>				<b>2800m</b>
			<b>1400m</b>				<b>3000m</b>
			<b>1600m</b>				

## Międzyczasy

1000m	137	Agnieszka CHORZĘPA	<b>3:07.73</b>
2000m	306	Julia KORALEWSKA	<b>6:13.10</b>

## Bieg 2/2

Start: 26-03-01 16:10:59

<b>1</b>	9	101	<b>Malwina MISJAN</b>	96-06-27	KS Team Baryła Gorzów(LB)		<b>9:44.43</b>			
			38.64 (38.64)	1:17.71 (39.07)	1:57.06 (39.35)	2:36.50 (39.45)	3:15.65 (39.15)	3:54.09 (38.44)	4:33.86 (39.78)	5:13.99 (40.13)
			5:54.80 (40.82)	6:34.48 (39.68)	7:14.21 (39.74)	7:53.98 (39.78)	8:32.99 (39.01)	9:10.76 (37.77)	9:44.43 (33.68)	
<b>2</b>	7	179	<b>Magdalena MISSALA</b>	05-02-05	KS Czempion Warszawa(MZ)		<b>9:46.66</b>	PB U23(5)		
			38.93 (38.93)	1:18.16 (39.23)	1:57.96 (39.80)	2:37.66 (39.71)	3:16.81 (39.16)	3:54.91 (38.10)	4:34.70 (39.79)	5:14.64 (39.95)
			5:54.59 (39.95)	6:32.56 (37.98)	7:11.40 (38.84)	7:52.92 (41.53)	8:31.88 (38.97)	9:09.93 (38.06)	9:46.66 (36.74)	
<b>3</b>	8	182	<b>Zofia ŚWIĄTKOWSKA</b>	98-01-26	KS Lemiesz Team Warszawa(MZ)		<b>9:54.21</b>	PB		
			38.16 (38.16)	1:17.22 (39.06)	1:57.53 (40.31)	2:37.07 (39.55)	3:16.44 (39.37)	3:54.58 (38.14)	4:34.38 (39.81)	5:14.42 (40.04)
			5:54.96 (40.55)	6:34.96 (40.00)	7:14.98 (40.03)	7:55.45 (40.47)	8:36.66 (41.21)	9:17.67 (41.02)	9:54.21 (36.55)	
<b>4</b>	6	175	<b>Maja SZYMAŃSKA</b>	08-07-11	KS AZS AWF Warszawa(MZ)		<b>9:57.64</b>	PB		
			39.11 (39.11)	1:18.28 (39.18)	1:58.10 (39.82)	2:37.86 (39.76)	3:17.17 (39.31)	3:55.58 (38.42)	4:34.95 (39.38)	5:14.82 (39.87)
			5:55.14 (40.33)	6:35.18 (40.05)	7:15.18 (40.00)	7:55.73 (40.55)	8:37.13 (41.41)	9:18.53 (41.40)	9:57.64 (39.12)	
<b>5</b>	1	42	<b>Martyna KAROLCZUK</b>	05-09-18	CWZS Zawisza Bydgoszcz SL(KP)		<b>9:59.09</b>	U23(6)		
			38.37 (38.37)	1:17.42 (39.06)	1:57.16 (39.74)	2:36.72 (39.56)	3:15.07 (38.35)	3:52.06 (37.00)	4:30.19 (38.13)	5:08.41 (38.23)
			5:47.43 (39.02)	6:28.11 (40.68)	7:10.16 (42.06)	7:53.38 (43.22)	8:36.30 (42.92)	9:19.56 (43.27)	9:59.09 (39.54)	
<b>6</b>	3	225	<b>Bernadeta ŚLOŃSKA</b>	03-03-31	Kraków Athletics Team(MA)		<b>10:00.25</b>			
			39.44 (39.44)	1:17.84 (38.41)	1:57.73 (39.89)	2:37.23 (39.51)	3:16.11 (38.88)	3:54.23 (38.12)	4:33.98 (39.76)	5:13.77 (39.80)
			5:54.54 (40.77)	6:34.78 (40.25)	7:15.74 (40.97)	7:57.51 (41.77)	8:40.07 (42.56)	9:22.25 (42.19)	10:00.25 (38.01)	
<b>7</b>	4	292	<b>Karolina GUSKA</b>	06-12-25	KS Prefbet-Sonarol Łomża(PD)		<b>10:07.38</b>	PB U23(7)		
			39.91 (39.91)	1:19.01 (39.11)	1:58.74 (39.74)	2:38.69 (39.95)	3:18.11 (39.43)	3:57.80 (39.69)	4:38.28 (40.48)	5:19.85 (41.57)
			6:00.93 (41.09)	6:42.75 (41.82)	7:24.39 (41.65)	8:06.86 (42.47)	8:47.77 (40.92)	9:29.31 (41.54)	10:07.38 (38.07)	
<b>8</b>	2	243	<b>Maja WĄSIK</b>	04-05-18	KS SportWise Kraków(MA)		<b>10:09.72</b>	U23(8)		
			39.64 (39.64)	1:18.64 (39.00)	1:58.37 (39.74)	2:38.21 (39.84)	3:17.61 (39.41)	3:57.07 (39.47)	4:37.15 (40.08)	5:19.27 (42.13)
			6:00.19 (40.93)	6:41.89 (41.70)	7:23.95 (42.06)	8:06.16 (42.21)	8:48.02 (41.87)	9:29.63 (41.61)	10:09.72 (40.09)	
<b>9</b>	5	445	<b>Maja LEMAŃSKA</b>	07-12-18	MKL Szczecin(ZP)		<b>10:40.85</b>			
			39.23 (39.23)	1:18.37 (39.15)	1:58.24 (39.87)	2:38.05 (39.82)	3:17.37 (39.33)	3:57.44 (40.07)	4:39.82 (42.38)	5:24.96 (45.15)
			6:11.29 (46.33)	6:58.13 (46.85)	7:44.56 (46.43)	8:32.40 (47.84)	9:19.04 (46.65)	10:02.77 (43.73)	10:40.84 (38.08)	

## Międzyczasy

1000m	42	Martyna KAROLCZUK	<b>3:15.06</b>
2000m	42	Martyna KAROLCZUK	<b>6:28.07</b>

Strona 2 z 3

Druk: 26-03-01 17:49:53

DNS-nie wyst., DNF-nie ukoń., DQ-dysk., NM-bez wyn., PB-r.życ., SB-r.sez., Q,q-awans, YC-żółta kartka

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200m	400m	600m	800m	1000m	1200m	1400m	1600m
1800m	2000m	2200m	2400m	2600m	2800m	3000m	

**Legenda:**

TR 17.2.3 bieg poza torem (dla biegu rozgrywanego po torach) - kilkukrotne naruszenie przepisu w tym samym biegu



Ministerstwo  
Sportu i Turystyki



MIASTO  
TORUŃ



Nestlé



Okęcie



InterRisk  
VIENNA INSURANCE GROUP

